

# Parkinson's UK Oxford and District Branch

# Minutes of the Annual General Meeting held on Wednesday 6 March 2019 at 7.15pm at the WI Hall ,Botley, Oxford OX2 0LT

#### 1. Apologies

No apologies had been received.

## 2. Minutes of the Annual General Meeting 2018

Approved, with the minor correction that the speaker after the AGM was Margaret Lipscomb, not Luscomb.

#### 3. Chair's Report

Sally Bromley reported on a full year with various activities and fundraising events. She noted that our membership continues to grow, bringing new ideas to our group.

Highlights of the year had included:

- numerous fundraising activities by individual members and friends
- several awards to the Branch team recognising the importance of their work
- our Branch holiday in Hampshire
- strong links with education through the Expert Patient Tutor programme, a student engaged on her Extended Project Qualification, and the First Steps programme
- excellent support by members for the Oxford Walk
- the popularity of our subsidised exercise and voice classes
- despite a year without a fundraiser, we brought funds into our branch, largely due to regular events set up by the former fundraiser

Chair expressed her frustration that we are very constrained as to how we can spend our funds, especially when there is so much Parkinson's-linked research in our area – but accepted the reasons why Parkinson's UK is obliged to set the rules as it does.

It was pleasing that many of our members had taken part in various research studies, and that we continue to make links with other Branches. Our Working Age Group for younger people with Parkinson's (OxWAG) had a steady membership and regular meetings. The First Steps programme is being rolled out to new locations across the country, although the original authors of the course had some concerns about changes to it that had been made recently. Branch members had spread awareness of Parkinson's in various ways; notably, Paul Mayhew-Archer had run his comedy show at the Edinburgh Fringe and was about to take it on a nationwide tour.

A rich programme of events, activities and meetings was planned for the coming year.

Sally concluded by noting that she had been Chair for longer than originally planned, and by expressing her pride in the work of the committee and the Branch.

#### 4. Financial Statement

Carys Redmond, our Treasurer, presented a financial summary for the calendar year 2018.

The September 2018 Oxford Walk had raised **£17,564** all of which was directly passed on to the research project *Investigating the Waste Disposal System in Parkinson's* at Frances Platt's lab. Our own income for the year had been **£56,766**, dominated by donations (£11,975), fundraising activities and gift aid (£23,239) and legacies (£10,750). Treasurer noted the high proportion of fundraising that had come from individual members' events and sponsorship.

Expenditure for the year totalled **£36,075** of which just over £21,000 was used to subsidise exercise and other classes. Other large expenditure included respite care (£3,763), holidays and other Branch activities (£5,060) and support for individuals including taxis (£1,585).

The branch was not expecting to receive further legacy funds in the near future, and therefore a significant surplus (over £20,000) had been retained from 2018 to ensure we can continue to support the same level of activities as we have for the past three years.

## 5. Report from the Working Age Group (OxWAG)

A brief report was received from the Working Age Group, which had more than 20 members and had developed over the past year with a consistent venue and monthly meeting time. Their main goals for the next year are to continue their focused agenda and to try to raise money and raise awareness that Parkinson's is not just a condition of the retired.

#### 6. Election of the Committee for 2019-2020

Position	Candidate	Proposer	Seconder
Chair	Sally Bromley	Jenyth Worsley	Martin Cowell
Vice Chair	Paul Mayhew-Archer	David Salisbury	Martin Cowell
Secretary	Pen Keyte	Sally Bromley	Kit Marriott
Acting Treasurer	Carys Redmond	Sally Bromley	Kit Marriott
Membership Secretary	Diana Townsend	Pen Keyte	lan Sargent
Committee positions ele	ected en-bloc		
Media and publicity	Paul Mayhew-Archer		

Steven King, Parkinson's UK Data Protection Officer, took the Chair for these elections.

Committee positions elected en-bloc		
Media and publicity	Paul Mayhew-Archer	
Programme secretary	Nigel Hamilton	
First Steps links	lan Sargent	
Trips and outings	Martin Cowell	
Committee members	David Salisbury	
	Jenyth Worsley	
	Mark Jennings	

## 7. Handover to the new committee

Steven King welcomed the new committee and handed the chair back to Sally. The formal meeting then closed. Note: The Chair's and Treasurer's reports are online in full at oxfordparkinsons.org.uk/archive/records