

PARKINSON'S^{UK} CHANGE ATTITUDES. FIND A CURE. JOIN US.



FREE RESPITE CARE

“If only I had someone to look after my husband on Monday mornings for 2 hours!”

We can help..... with up to 30 hours of free care per person so that carers can take a break. Anyone looking after a person with Parkinsons in Oxfordshire may apply.

See over for more details and how to apply.

Also details can be found on our branch website
<http://www.parkinsons.org.uk/local-support-groups/regions/south-england/oxford-and-district-branch>

"Can someone give me a break for three hours-on Wednesday afternoons?"

YES, we can! Thanks to a generous legacy left to the Oxford Branch of Parkinson's UK, we can offer up to 30 hours of free respite care per person in blocks of two to five hours at a time.

Carers can take a break to do everyday things, like go to the hairdressers, meet a friend for coffee or play a round of golf.

Qualified and experienced carers from local agency Bluebird Care can provide:

- **companionship**
- **personal care**
- **administration of medication**
- **housekeeping**
- **shopping**

Anyone looking after a person with Parkinson's in Oxfordshire may apply. You don't have to be a Parkinson's UK member.

For more information and to apply, contact Diane Pearson, Branch Secretary (01865 557510 or email oxfordparkinson@gmail.com) or Delia Wells, Parkinson's Local Adviser, Parkinson's UK (adviser3.southcentral@parkinsons.org.uk)

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