

OUR AIMS

No one should face Parkinson's alone. We aim:

- To help and support people with Parkinson's, their carers, and families in the Oxford Area with problems arising from Parkinson's Disease.
- To provide information and advice on Parkinson's.
- To help raise funds for research and local branch activities.

BRANCH STRUCTURE

The Branch has over 250 members and friends and is run by an elected Committee of volunteers. It is funded by money-raising activities within the Branch and by donations from local people and organisations.

MEMBERSHIP

Annual membership of the Oxford Parkinson's Branch is £4 and membership of the national body PARKINSON'S UK is also £4.

These subscriptions include a quarterly Newsletter from the Branch and a magazine from the National Office.

For membership information please ring Oxford Parkinson's (01865 751362) and UK office (0207 931 8080)

Come to a meeting, to see what a friendly & positive group we are

BRANCH COMMITTEE

Chair

Sally Bromley 01865 311302
email oxford.sally@gmail.com

Secretary

Pen Keyte 01865 556032 / 0788943722
email oxfordparkinson@gmail.com

Vice Chair

Jem Appleton 01491 837331

Fundraiser

Kit Marriott 01189 844582

Treasurer

Carys Redmond 07817 597623

Membership

Diane Townsend 01865 751362

Research News

Kevin McFarthing 07802 25618

Media & Publicity

Paul Mayhew Archer

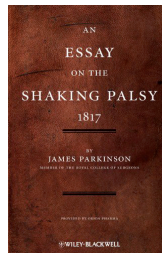
Programme

Nigel Hamilton.

George Philip, David Salisbury,
Martin Tims and Jenyth Worsley

Bicentenary

In 1817 Dr James Parkinson published "An Essay on The Shaking Palsy". There can be no better time to make some real progress towards a cure & find some improved defences against this chronic condition.



SUMMER 2017

Welcome to



Contact: 01865 556032
www.oxfordparkinsons.org.uk

PARKINSON'S^{UK}
CHANGE ATTITUDES.
FIND A CURE.
JOIN US.

Parkinson's UK office
215 Vauxhall Bridge Road
London SW1V 1 EJ
Contact 0207 931 8080
www.parkinsons.org.uk

Charity Number: 258197

Confidential Helpline
0808 800 0303

OXFORD BRANCH MEETINGS

On the 1st Wednesday of each month at

Botley WI Hall

North Hinksey Lane OX2 0LT

Talks on general & medical topics
Group discussions

SUMMER PROGRAMME 2017

Apr 5	Parkinson's: The Funny Side. Paul Mayhew-Archer's BBC award winning documentary is being screened with a chance to question Paul and discuss issues raised by the programme
May 3	Mitophagy in Parkinson's Hopes for the future. An introduction to the role of mitochondria in energising the brain. Professor Jo Poulton will be making everything clear
Jun 7	Walking by Water Dick Mayon-White heads up a project to get people of all ages and those with medical conditions out walking on the Thames path. He has always been keen on keeping fit
Jul 5	The Linked Trials Dr Richard Wyse & Helen Matthews of The Cure Parkinson's Trust explain how using selected drugs that already have approval for use with other conditions may have a role to play in the treatment of Parkinson's.
Aug 2	How can we help? Branch members! It's over to you Please bring your needs to share at the August meeting

OTHER EVENTS

Mar 16	Pub Lunch
Mar 17	Pity of War concert
Mar 31	Donkey House Players at South Hinksey
Apr 10 -15	Parkinson's Awareness Week (Apr 11 World PD Day)
Apr 19	Trip to 'Symfunny' at RAH
Jul TBA	Picnic at Blenheim Palace
Jul 23	Piano recital at Wigmore Hall
Aug 17	BBQ in Wytham Woods
Sep 10	Oxford Parkinson's Walk
Sep 16-17	BOXCAM cycle ride
Sep 19	Oxford Branch conference
	(Call Pen for details)

ACTIVITIES

Zumba, Physiotherapy, Voice, Dance for Parkinson's (Ballet with ENB) and other activities; outings & holidays

FUNDING CARE & RESEARCH

We continue to support people with Parkinson's in our area and some of the research being conducted in Oxford as part of The Oxford Parkinson's Disease Centre



RECENTLY DIAGNOSED?

If you have been told you have Parkinson's, and would like to talk to someone who knows how it feels, please call or email Sally Bromley or Jem Appleton. There is a **First Steps** course which many are finding helpful (Contact Kathy MacLoughlin 0207 9689381 email kmacloughlin@parkinsons.org.uk)

PROVIDING HELP

Subsidised Respite Care and Taxis for anyone otherwise unable to get to meetings (Lin Byrne 01235 520573)
Support for carers and assistance with Benefit claim forms and other ways to help improve the lives of people with Parkinson's (Delia Wells 0344 225 3679)

RAISING FUNDS

200 Club £12 per year buys chances to win £25 or £12.50 at each monthly draw (Malcolm Benson 01865 873843)

Monthly Raffle at Meetings - members bring prizes from time to time and this helps to support initiatives of anyone who needs assistance in realising an event or project to raise funds

PARKINSON'S UK

Local Advisor Oxfordshire

Delia Wells 0344 225 3679

Area Development

Abi White 0300 123 3678

Volunteer Coordinator

Helen Old hold@parkinsons.org.uk