

NHS PARKINSON'S NURSES

City: Mabel Eghaghe 01865 234048
County: Jo Bromley 01865 737225
Nicola Findlay 01865 737386
Community Neurology
Specialist Nurse Team: 01865 737465
Telephone Clinic: Tuesdays 9am-10am

OUR NATIONAL CHARITY

PARKINSON'S^{UK}
CHANGE ATTITUDES.
FIND A CURE.
JOIN US.

Parkinson's UK head office

215 Vauxhall Bridge Road
London SW1V 1EJ
020 7931 8080

www.parkinsons.org.uk
Charity Number 258197

Confidential Helpline

0808 800 0303

Parkinson's UK Local Adviser

Delia Wells 0344 225 3679
dwells@parkinsons.org.uk

Parkinson's UK Membership

All our supporters are encouraged to become members of the national body Parkinson's UK.
To join, or for more information:

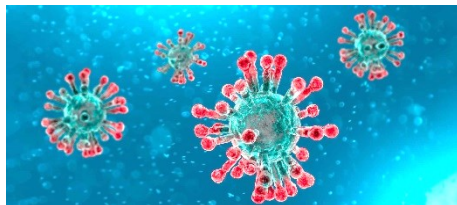
Parkinson's UK 0800 138 6593
parkinsons.org.uk/join

Welcome to



www.oxfordparkinsons.org.uk

CORONAVIRUS EDITION



Although we cannot meet face-to-face at present, we still have a lively programme of activities and support for local people with Parkinson's using Zoom and other online tools.

For details of our exercise classes, monthly meetings, chat'n'cuppa sessions and other online activities, please visit

oxfordparkinsons.org.uk/zoom-details

OUR AIMS

No one should face Parkinson's alone. Our branch, run by and for people with Parkinson's, aims to:

- Help and support people with Parkinson's, their carers and families.
- Provide information and advice.
- Raise funds for research and local branch activities.

MONTHLY MEETINGS

have a varied programme of talks and activities: We meet online using Zoom until further notice, at **7pm on the first Wednesday of each month.**

EVENTS AND ACTIVITIES

We offer exercise and voice classes, physiotherapy, Dance for Parkinson's, and other activities. The Branch also organises various events, outings and holidays. For details visit our website, or contact any Committee member.



MEMBERSHIP

Annual membership of the Branch costs £5. To join, please contact the Membership Secretary (see contacts opposite).

Members receive email updates with information, what's on, and members' news.

WORKING AGE GROUP (OxWAG)

For younger people with Parkinson's and their carers to meet socially and share ideas.

Contact Alison and Katrina:

wag@oxfordparkinsons.org.uk

RECENTLY DIAGNOSED?

If you have been told you have Parkinson's and would like to talk to someone about it, contact Sally Bromley (details below).

Many are finding the **First Steps** programme helpful. For details, visit oxfordparkinsons.org.uk/recently_diagnosed

GETTING HELP

Our Parkinson's UK Local Adviser (contact details on the back page) can help to improve the lives of people with Parkinson's in many ways including completing benefit claim forms and support for carers.

CONTACT INFORMATION

For general information about our work, please visit our website oxfordparkinsons.org.uk

Chair	Sally Bromley chair@oxfordparkinsons.org.uk
Secretary	Pen Keyte 07889 437222 secretary@oxfordparkinsons.org.uk
Vice Chair	Mark Jennings vc@oxfordparkinsons.org.uk
Membership Secretary	Diana Townsend 01865 751362 membership@oxfordparkinsons.org.uk